

A cup of tea on a saucer is the central focus, with a book and flowers in the background. The text is overlaid on a semi-transparent white box.

Who are you as a reader? What does reading mean to you? I'm on the search to understand myself better as a reader and that is why I have compiled some questions to learn more about myself and my reading habits. There are many other questions out there but these are a good start if you want to go on this journey as well!

WHO ARE YOU AS A READER?

AND THIS IS HOW IT IS
we go home
and we sit at our desks
we don't sleep with them open
for fear the world sees in
really sees us
sees our pain
sees our mess

sees the things we can't brush into place
see our broken hearts
we don't open our doors wide
turn the spotlight on
and say, "I haven't done laundry in a week. My girlfriend
left me. I'm not sleeping."
we just shut the window
with a blue handle
and lie in bed
at the ceiling all night.

ARMED WITH A BOOK

I don't buy much anymore
I used to walk in circles
Around department stores
And the curved edges of
Basements
Searching

But it's all seemed to dissolve
Into a more filling hunger
One that reaches
For the familiar black cotton dress
And the food that's been served
Because I've stopped
Stopped wandering
Trying to fill my
Wash things

Instrospective Questions

Why do I read?

What are my first memories of reading?

Who, among family and friends, has encouraged me
as a reader?

What is the best environment in which I read?

How do I read / engage in a story?

What does my bookshelf say about me?

Do I lend books to others?

Do I keep my books forever?

How do I respond to interruption?

WHO ARE YOU AS A READER?

ARMED WITH A BOOK

Preferences and Expectations

- What do I look for in a book?
- What are some things that are important to me in a story?
- How do I find books to read?
- Do I prefer books in a particular format?
- When do I reread books?
- When do I leave books unfinished?
- Do I have preferred reading genres?
- How many books do I read concurrently?
- What do I do when I learn about a new book?

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ARMED WITH A BOOK